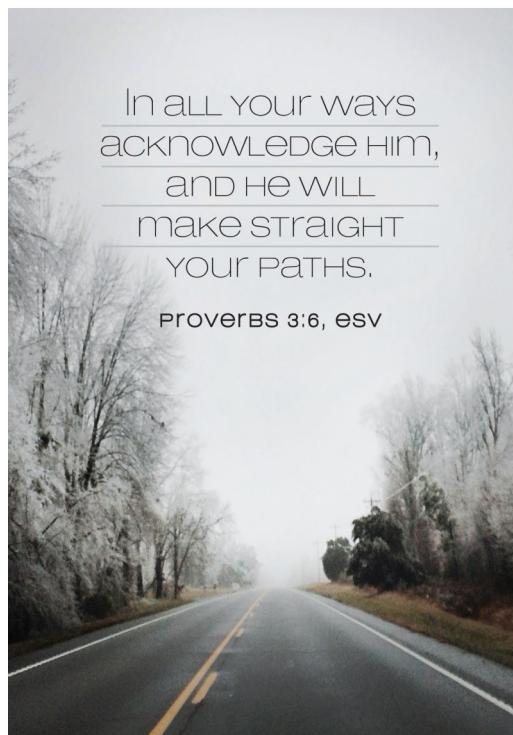


Sisters for Yah

Yahweh's Ways

Psalm 103:7, says, *He made known His ways to Moses, His acts to the children of Israel.*

Most professing believers are satisfied with merely knowing about Yahweh. But some want to know Him deeply! There is a huge difference. We can see this difference illustrated in the lives of the children of Israel as compared to Moses. The Israelites witnessed the miracles Yahweh performed; they walked across the Red Sea just as Moses did. They ate the manna and quail from heaven, even as Moses did. They were content to receive Yahweh's provision without ever knowing Yahweh Himself.



Yes, Moses saw beyond the *provision* of Yahweh to the *person* of Yahweh. Others, like the Egyptian magicians, might perform miraculous acts, but none did things the way Yahweh did! (See Exodus 7:11-12.) The way Yahweh acted, provided a window into His nature. If Moses had been content with only Yahweh's power, he could have accepted the presence of an angel and been victorious in his efforts (Exod. 33:15). But Moses wanted to experience more. He wanted to experience Yahweh Himself, not just Yahweh's activity.

Some today, like the ancient Israelites, are content to experience Yahweh's activity without ever coming to know Yahweh. They are

the recipients of answered prayer, yet they never come to know the Provider. They are blessed by Yahweh's providential care over their families, their homes, and their jobs, yet they are satisfied not knowing the One from whom the blessings come. They benefit from Yahweh's protection, yet they never become acquainted with the Protector.

So, how about us? Have we really come to know Yahweh more personally as a result of prayer and Bible study? As we observe the acts of Yahweh, let's look beyond them to the revelation of His character (Gen. 22:14; John 6:35).

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Being a new believer

(Submitted anonymously)

Entering a saving relationship with Yahweh and Yahshua is a life-changing experience! All things become new. Your diet will change, you'll give up false worship, and start keeping the real Sabbath and Yahweh's real Holy Days, not man's false days of worship. It will feel odd at first, but it will become second nature once you keep doing it. For the first time in your life, you may feel the "blindness" being pulled off your eyes. You will have new thoughts, new attitudes, new values, and new sensitivities. You may feel angry that you were deceived for most of your life, but joyful that you now know the truth. Your priorities will change, and those new priorities may cause conflict in your relationships with unbelieving family members, friends, and co-workers.

You'll feel the strong urge to share your new faith with everyone, and you'll find out very quickly that most people will not want to hear you. You may even offend some people. And as a new believer, let me give you a word of advice: Do NOT come on too strongly. You can't force-feed a baby a juicy piece of steak. Babies can only tolerate milk until much later.

You may feel new emotions. Your worldview and political preferences may completely change. Your relationships should now be guided by the set-apart Spirit. People should see a change in you. You will need to give up the bad habits that used to rule your life. Don't weaken your testimony by continuing in the same bad habits from which Yahweh saved you. You also know that Satan, the enemy, will most likely try to tempt you. He roams the earth looking for someone to devour. But you can resist him, and he will flee from you.

You may feel alone and discouraged sometimes. Just keep reading Scripture and praying! Yahweh is with you, even if you are the only one in your entire family and circle of friends who believes. Don't give up. Don't second guess your decision to follow Yahweh. You made the right choice when you accepted His calling. Be the example of the kind of person you want everyone in the world to be. Be nice to people. Help your elderly neighbors. Send a kind word to a hurting person. Make overworked people



with whom you come in contact know that they are appreciated. Keep on striving to make it into the Kingdom. It won't be easy, but you can do it. We believers are all in the same boat.

And don't take it too personally when you are rejected by friends and family members. Yahshua was also rejected, but now sits at the right Hand of Yahweh. One day we will be with Them, too. None of the things we suffer now will matter at all. The Kingdom will be so amazing that we won't even remember this mortal life at all.

Never forget that Yahweh loves you so much! Yahweh called you out of eight billion people on this earth. How special is that?!? It's incredible! And don't expect to be perfect overnight. You will fall flat sometimes. All believers do. When it happens, pick yourself up, dust yourself off and keep walking forward. Tell Yahweh you are sorry and move on. Don't keep beating yourself up when you make mistakes. Most of all, know that you are never alone. You may not know me, but I've been there. And I'm still going strong in the faith. You will be okay.

Commonsense ways to stay healthy this winter

If it seems like all your friends and family members are sick right now, you're in good company. While it may seem impossible to avoid sickness, there are many steps you can take to improve your chances of not getting sick!

1. Wash your hands as often as you can! Germ-infected hands can transfer viruses to your eyes, nose, and mouth. If soap and water are not available, use a good sanitizer. But remember that hand sanitizer is not a substitute for a good scrubbing with soap and warm water. Don't waste your money on antibacterial soaps either, as plain soap will wash the germs down the drain.
2. Consider wearing a mask in crowded locations. Even better, avoid crowded areas altogether.
3. Build a strong immune system by eating healthy food, getting enough sleep, and doing some moderate exercise.
4. Avoid stress. It can weaken your immune system.
5. Reduce sugar consumption. One medical study showed that sugar can reduce your immune response for up to four hours.
6. Even when it's cold, try to go out and get some fresh air.
7. Air out your home, too. Stale indoor air is not healthy. Even just for a few minutes, open the windows and let in some fresh air.
8. If you do get sick, please be courteous to others and try not to expose them to illness. A few sniffles may not hurt a young healthy person, but can quickly turn deadly for an elderly person, or someone with serious health conditions.

My Life is but a Weaving
(Author unknown)

My life is but a weaving, between my Creator and me
 I do not choose the colors, He worketh steadily
 Ofttimes He weaveth sorrow, and I in foolish pride,
 Forget He sees the upper, and I the underside
 Not till the loom is silent, and the shuttles cease to fly,
 Will Yahweh unroll the canvas, and explain the reasons why
 The dark threads are as needful in the skillful Weaver's Hand
 As threads of gold and silver in the pattern He Has planned

Yahweh

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Quick Fix Chili

1 pound ground beef, ground turkey, or ground chicken, cooked and drained.
2 cans stewed tomatoes, undrained.
1 can kidney beans, drained and rinsed.
2 T. chili powder.
1 t. ground cumin.
Optional toppings: Corn chips, black olives, shredded cheese, sour cream.

Mix it all up in a pot and heat until cooked through. Make it special with your favorite toppings or serve corn bread on the side.



Easiest Lasagna ever!

12 ounces lasagna noodles.
1/2 stick of butter, divided.
1 1/2 pounds of ground beef.
4 cups of spaghetti sauce.
2 cups shredded cheddar cheese.

1. Preheat oven to 350 degrees.
2. Brown ground beef. Drain well and set aside.
3. Layer lasagna pan with 1 cup of the spaghetti sauce, 1/3 of the beef, and 1/3 of the cheese.
4. Place a layer of noodles over the bottom layer and dab with 3 T. of the butter.
5. Repeat the above step to make a total of three layers.
6. When the last layer of noodles are placed add the last of the butter, sauce and cheese.
7. Cover with foil and bake about 40 minutes until noodles are soft.

